

FOR IMMEDIATE RELEASE
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South Haven Health System's Cardiovascular/Pulmonary Rehabilitation Program Certified by Industry Leader

South Haven Health System (SHHS) is proud to announce the certification of its Cardiovascular/Pulmonary Rehabilitation program by the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). The certification is recognition for the program's commitment to improving the quality of life by enhancing standards of care.

Cardiovascular and pulmonary rehabilitation programs are designed to help people with cardiovascular problems (e.g. heart attacks, coronary artery bypass graft surgery, etc.) and pulmonary problems (e.g. chronic obstructive pulmonary disease – COPD, respiratory symptoms, etc.) recover faster and improve their quality of life. Both programs include exercise, education, counseling and support for patients and their families.

SHHS's Cardiovascular/Pulmonary Rehabilitation program participated in the one month application process which requires extensive documentation of the program's practices. The AACVPR Program Certification is the only peer-reviewed accreditation process designed to review individual programs for adherence to standards and guidelines developed and published by the AACVPR and other professional societies. Each program is reviewed by the AACVPR National Certification Committee and certification is awarded by the AACVPR Board of Directors.

"Our Cardiovascular/Pulmonary Rehabilitation program is housed in the Shoreline Wellness and Rehabilitation Center and staffed with highly trained personnel including a Physician, Nurse, Dietitian, Respiratory Therapist and Exercise Physiologist", states Joanne Urbanski, President/CEO, SHHS. "We are proud of their dedication leading to the receipt of this certification." Certified AACVPR programs are recognized as leaders in the field of cardiovascular and pulmonary rehabilitation because they offer the most advanced practices available. AACVPR Program Certification is valid for three years.

Founded in 1985, the American Association of Cardiovascular and Pulmonary Rehabilitation is a multidisciplinary organization dedicated to the mission of reducing morbidity, mortality and disability from cardiovascular and pulmonary disease through education, prevention, rehabilitation, research and disease management. Central to the core mission is improvement in quality of life for patients and their families.

For more information about the Cardiovascular/Pulmonary Rehabilitation program offered at South Haven Health System, contact the staff at 269-639-2796.

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